

GAMBLING AND SMOKING

Did you know?

- There is a relationship between smoking and gambling (Rodda et al. 2004).
- New Zealand study showed 58% of problem gamblers smoked compared to 23.5% of the general population (NZ Ministry of Health 2006).
- Gamblers who smoked daily gambled on more days and spent more money than non-daily smoking gamblers. They “craved” gambling more than non-smokers and had lower perceived control over their gambling (Petry & Oricken 2002).
- 41.6% of “heavy” gamblers are smokers versus 30.1% of recreational gamblers and 21.3% of non gamblers (Smart & Ferris, 1996).
- 62 % of treatment seeking gamblers in Connecticut and 69% in Minnesota smoked (Petry & Oricken 2002, Stinchfield and Winters 1996) as compared to 25% of general population (Reuter et al., 1990).

Problem gambling help is confidential and it works, call:

**The Council on Compulsive Gambling of PA Helpline at
1-800-GAMBLER or 1-800-848-1880**

Don't wait for the problem to get worse!

