

FOR PARENTS: SIGNS OF A POSSIBLE GAMBLING PROBLEM IN YOUTH

- Asking for and/or borrowing money from the family.
- Gambling “stuff” at home (lottery tickets, betting sheets).
- Unexplained debts, or windfall cash and/or new items (like new clothes or jewelry).
- Spending unexplained time away from home, work or school.
- Behavior change (seems distracted, moody, sad, worried, nervous, etc.).
- Withdrawal from the family.
- Less involvement in outside activities.
- Unusual amount of time spent watching sports on TV and/or reading newspapers or magazines having to do with sports.
- Overly upset at conclusion of sporting match.
- Telephone calls from strangers and higher phone bills.
- Bragging about winnings.
- Intense interest in gambling conversations.
- Playing gambling type games on the internet.
- Money or valuables are missing from your home.

If you suspect your child has a gambling problem,
for confidential help call:

**The Council on Compulsive Gambling of PA Helpline at
1-800-GAMBLER**

Don't wait for the problem to get worse!