

# HISTORY OF OTHER ADDICTIONS AND PROBLEM GAMBLING

## Did you know?

- 29% of problem gamblers in Oregon's gambling treatment system experience alcohol-related problems (Moore, 2007)
- Pathological or problem gamblers had 7 times the rate of alcohol dependence than non-gamblers and low-risk gamblers (NORC, 1999).
- A 1999 study (Pasternak & Fleming, 1999) revealed that almost one in every three persons with a gambling problem also abused alcohol (compared to about one in ten without gambling problems), and about twice as many problem gamblers used tobacco.
- In a study of over 21,000 Vermont high-school students, (Proimos, DuRant, Pierce, & Goodman, 1998) regular cocaine use and anabolic steroids were significantly associated with a report of problems connected to gambling.

Problem gambling help is confidential and it works, call:

**The Council on Compulsive Gambling of PA Helpline at  
1-800-GAMBLER or 1-800-848-1880**

Don't wait for the problem to get worse!

